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Peaks Island Star : April 2009, Vol. 29, Issue 4

Service Agencies of the Island

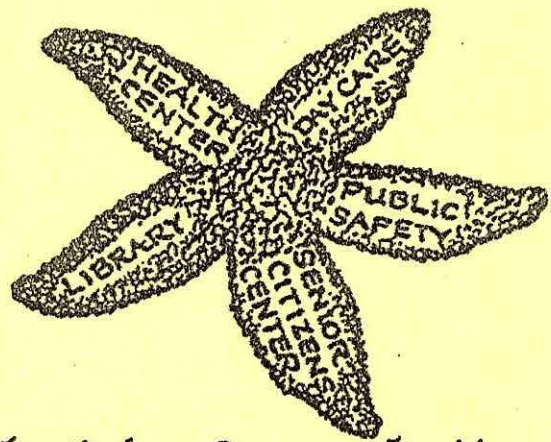
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Peaks Island STAR



Newsletter of the Island's Service Agencies & other Community News

April 2009

Volume 29

Issue 4

PEAKS ENVIRONMENTAL ACTION TEAM

Plans to celebrate our island environment with a constellation of events surrounding
EARTH DAY

April 13 at 6:00 p.m.

Meeting at the Peaks Café to launch the new Community Garden

April 21 at 7:00 p.m.

In the community room Jeff Lovejoy, of Revision Energy, presents a slide show & talk about solar hot water installations. A question and answer session will follow, and there will be a sign-up sheet that evening for a weekend island tour of several solar set-ups installed by different contractors

Saturday April 25

9:00 a.m. to noon

In front of the library Cynthia Cole will share her years of experience in the Environmental Movement as well as a collection of her many gleanings from its literature

10:00 a.m. to 4:00 p.m.

Go to the Gem Gallery and admire the new recycling bins, decorated by island artists

10:00 a.m. to 2:00 p.m.

*Sign up for your own plot in the new Community Garden

*Grab your checkbook and go down front for a Garden Book Sale. The selections are from Longfellow Books in Portland and a percentage of what you spend will go to purchase gardening books for the Fay Garman House and The Peaks Island Library

*Order a compost bin or rain barrel for delivery in May

*Bring your favorite picture down front for the Second Annual Clothesline Photo Contest or learn how and where to submit one later in time for our show during Peaks Fest

6:00 to 8:15 p.m.

Go to the community room and see Dr Seuss' *Lorax* and Jerry Seinfeld's *Bee Movie*

8:30 p.m.

Go for the Late Show and see a PBS documentary, *Silence of the Bees*

All Day Saturday

Go down front to collect trash bags and instructions for the annual Island Clean Up

PEAKS ISLAND ENERGY ASSISTANCE (PITA-EA)

Spring has sprung and we are gearing up for the activities of summer. On April 14th we will sponsor our monthly Loaf and Ladle dinner at the Peaks Island Baptist Church from 5 to 7 p.m. Since we are tired of winter and snow, it will be a "Chilly" Dog Picnic, complete with hot dogs, sloppy joe's, baked beans, potato salad, coleslaw, barbecued chicken wings, chili, and desserts. It is \$6 for adults, \$2.50 for children. So—grab your blanket, put on that Hawaiian shirt and join us for the first picnic of the season.

After months of pouring over those tempting garden catalogues our thoughts have turned to flowers, herbs, and home grown tomatoes. We will be holding our second annual Garden Party in June. More details to come.

Since January 2008 we have been able to assist Islanders to pay energy bills. We have raised over \$20,000 and given \$12,000 in assistance to 47 households including 6 energy audits. We will continue throughout the rest of the year to help Islanders and to sponsor energy audits of homes. We hope to work with the Portland Time Bank on a project to help with weatherization of homes on the Island. We will have more information available in late April or May. Please call if you are interested in an audit or the Time Bank – 766-0067.

Just as prices have risen and the economy is causing so many hardships, so has our desire to help those in need of assistance. Meetings are held once a month for one hour. We need you to join us, to share your input and keep us going.

Cynthia Pedlikin,, President, PITA-EA

PEAKS ISLAND TAX ASSISTANCE

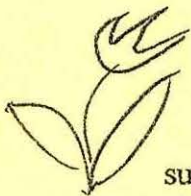
In March, Peaks Islanders paid another set of property taxes to Portland, and those Islanders who needed assistance were able to receive help from PITA. Once again our Clergy helped us to anonymously assist others. Since we began our work in 2005 we have paid out \$36,000 as twenty partial tax payments for Island tax payers.. Our help has spanned across all ages and segments of our island community.

Since June of 2005, PITA has raised \$41,000 through our fundraising efforts, through events sponsored by various island groups on our behalf, and contributions from year-round and summer folks, visitors and businesses. We feel very fortunate to be on the receiving end of such generosity.

The Committee is very pleased to have received 501(c)(3) non-profit statues which should encourage more charitable contributions. If you wish to contribute, please send donations to:

PITA, % Diane Clark, Treasurer, P O Box 126, Peaks Island, ME 04108.

Now that a new fundraising season is beginning we are hoping that new people will join our committee. We meet once a month for one hour only. We need you! Our mission is so worthwhile but we do need more people to join our initiative. Please call Cynthia Pedlikin, 766-0067 to join.



FRIENDS OF TEIA News

While it is snowy and chilly during these months the Friends of TEIA, thinking of summer, are planning their ninth season of offering summer "camperships" to the children of Peaks Island who want to attend the club's sailing, tennis and kid's camp programs.

Parents please think about these opportunities for your children this '09 summer and be ready to sign up in April after vacation. You will be able to obtain registration forms at the Peaks Island School.

Anyone interested in supporting this worthwhile endeavor either by volunteering or contributing financially should contact Stephanie Castle at sealights99@aol.com or Barbara Hoppin at bahoppin@aol.com.

April at the Peaks Island Branch Library
in the Community Building 766-5540 email peaks@portland.lib.me.us
Hours Open: Tues 2-8 Wed 10-4 Fri 10-2 Sat 8-12

First Tuesdays Book Discussion: For April 7, the book will be *Arundel* by Kenneth Roberts. In May, we will be participating in the BIG READ, a number of events all over the city, focused on aspects of *The Age of Innocence* by Edith Wharton. The discussion of Wharton's novel, on Tuesday, May 5, will be led by a guest moderator. On Saturday, May 9, the island Film Committee will show *The Age of Innocence* as the 8pm movie. Some copies of the book, along with a study guide, are available at the library for those who plan to attend the discussion. The Book Discussion is held on the first Tuesday of the month at 7pm in the Community Room. Sponsored by the Friends of the Library, the meetings are open to all. To reserve a copy of the books, call or email the library.

Nursery Rhyme Time for infants and toddlers is on Wednesdays and Fridays at 11. **Preschool Story Time** is on Fridays at 10:15.

Some Recent New Books

Fiction:

Carrie Adams, *The Stepmother*

Joy Fielding, *Still Life*

Susan Hill, *The Risk of Darkness*

Jeffrey Lent, *After You've Gone*

Katharine McMahon, *The Rose of Sebastopol*

Jodi Picoult, *Handle With Care*

Barbara Vine, *The Birthday Present*

Sarah Dunn, *Secrets to Happiness*

Andrew Gross, *Don't Look Twice*

Jonathan Kellerman, *True Detectives*

Lisa Lutz, *Revenge of the Spellmans*

Matthew Pearl, *The Last Dickens*

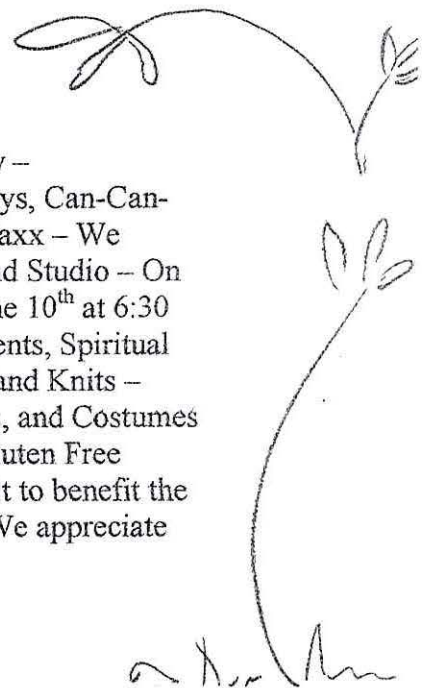
Andrew Taylor, *Bleeding Heart Square*

Nonfiction: *New Mainers: Portraits of Our Immigrant Neighbors* with text by Pat Nyhan and photography by Jan Pieter van Voorst van Beest. Published by Tilbury House in Gardiner, Maine, the book includes profiles of Peaks Islanders Grace Valenzuela and Oscar Mokeme.

STAR OF THE SEA STUDIO'S

Happy Spring To All! Our Dancers are getting ready for our Spring Show – "Tumbleweed County". Old fashioned Western. Good Guys and Bad Guys, Can-Can-Girls, Indian's, and our Sheriff – David, two new Deputies – Nathan & Maxx – We welcome them to our Dance Studio. The Attentive Dates are; Peaks Island Studio – On Sunday, June 7th at 2.00PM and at the Riverton School on Wednesday June 10th at 6:30 PM. Our Boutique has many new items, Jewelry from Maine Lively Accents, Spiritual Gifts, Rosary's, Prayer Cards, Also – Yours Truly (Doreen's Fashions) Hand Knits – Sweaters, Afghans, and Hats. Our Studio offers T-Shirts, Leotards, Shoes, and Costumes for dress up. Our Boutique has - All Natural Berlin Bakery Foods and Gluten Free Products for your special needs. Our Studio & Boutique are all Non-Profit to benefit the Maine Children's Cancer Programs. Also St. Jude Children's Hospital. We appreciate your support. For more info please call 766-2727

Yours Musical,
Doreen & Company



Peaks Island Health Center

www.peakshealth.org 87 Central Avenue PO Box 52 207-766-2929
www.intermed.com

InterMed Office Hours:

Tuesdays and Fridays, 9:30 am to 2:30 pm, Lois Tiedeken, ANP

Wednesdays: 10am to 4:00 pm, Kitty Gilbert, FNP

A phlebotomist is doing blood draws at the Health Center **every other Friday, from 8:15 to 9:45am**. This is a convenience available to all community members who need bloodwork done. **Please call to schedule your appointment.**

Wednesdays are now regularly staffed by Kitty Gilbert, who, as a Family Nurse Practitioner, can treat children as well as adults. As noted above, she has office hours from **10:00 AM to 4:00 PM** so that she may see children after school. Of special interest to adults, Kitty has had specialty training in both Occupational Therapy and Gynecology.

Dr. Pulsifer will continue to come out to the Island on a quarterly basis, and Dr. Muca, a podiatrist from InterMed, will be at the Health Center twice a year. If you would like to be seen by Dr. Muca, please call the Health Center to get your name on the growing list.

Jim Lausier, who is leaving shortly to resume his duties at the greenhouse, will be replaced at the desk by another Islander, Kate Radis. Many thanks to Jim for his able and friendly service, and a heartfelt welcome to Kate!

When the Health Center is closed, please call **911** for medical emergencies. For non-acute illnesses, if you use the Health Center for your primary care provider, call Dr. Kristy Pulsifer at **874-1489**.

VOLUNTEER ISLAND TRANSPORTATION

The volunteer island taxi service is available for all islanders. If you need to go anywhere on the island, please call the volunteer for the day you need a lift. We offer rides Monday - Friday during the day. **It's best to call a day before, if possible.** Most drivers have answering machines so you can leave a message if they're not in.

Date	Driver(s)	Phone	Date	Driver(s)	Phone
Wed 4/1	Howard Pedlikin	0067	Fri 4/17	Nancy Hall	2514
Thur 4/2	Marcie Appel	5071	Mon 4/20	Marjorie Phyfe	2307
Fri 4/3	Ginny Rynning	5256	Tue 4/21	Jackie and Carol	0022
Mon 4/6	Eleanor Morse	3335	Wed 4/22	The Saltonstalls	899-0922
Tue 4/7	The Shaws	3394	Thur 4/23	Bill Hall	2514
Wed 4/8	Don Webster	2166	Fri 4/24	Peg Astarita	5997
Thur 4/9	The Taylors	2811	Mon 4/27	Judy Piawlock	2109
Fri 4/10	Harris Kennedy	0966	Tue 4/28	Jamie and Marty	9726
Mon 4/13	Diana Moxhay	2215	Wed 4/29	Stephanie Castle	2254
Tue 4/14	Ruth Williamson	5825	Thur 4/30	Toni Muro	2639
Wed 4/15	Jerry Garman	5054	Fri 5/1	Nancy Hall	2514
Thur 4/16	Roy Mottla	5837			

To volunteer as a driver, call Nancy Hall at 2514. We always need more drivers.

ISLAND ROVERS CAMP REGISTRATION: Programs run between July 6th-Aug 21st. Register early for these fun-filled summer camps! (For children who have completed kindergarten through age 11 years) Weeklong sessions include: Island All-Stars, Peaks Island Survivor, Photography and Island History, Wild about Water, Island Cooking, Animals-Tracks and Trails, and Lights-Camera-Action!

Info available at www.peakschildrensworkshop.org, or by calling 766-2854. Registration has begun, and is on a first come basis.

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CINCO DE MAYO BURRITO DINNER AND LIVE AUCTION! May 5; Dinner 6-7:30pm, Auction begins at 6:45pm. Location: Brackett Church. Come celebrate with delicious burritos and a fun live auction! Bid against your neighbors for an interesting array of island items and support the Workshop! For more info or to donate items for the auction, call 766-2854.

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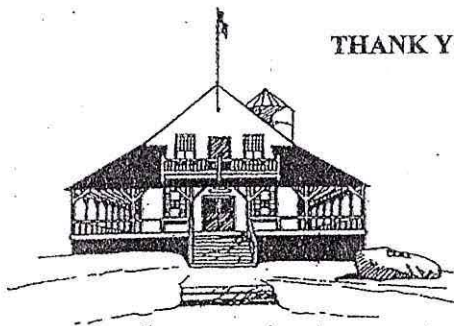
PEAKS ISLAND COMMUNITY FOOD PANTRY

M-F, 7:30am-6pm, and the first Saturday of each month.
The food pantry is well-stocked and open to the entire community!
(Located at the Workshop, 71 Herman Ave.)

Assistance and deliveries available by contacting:

- | | |
|------------------------------|-------------------------------------|
| -The Workshop, 766-2854 | -St. Christopher's Parish, 766-2585 |
| -Pastor Desi Larson 766-5013 | -Pastor Beau Boyle, 766-3037 |

THANK YOU ALL FOR YOUR GENEROUS DONATIONS!!



FIFTH MAINE REGIMENT MUSEUM
P.O. Box 41
Peaks Island, Maine 04108

(207) 766-3330 • fifthmaine@juno.com

The Fifth Maine, in collaboration with the Maine Historical Society, is hosting a workshop titled ***Bridging Museums and Schools*** on Saturday May 9 from 8:30 am – 2:30 pm at the Fifth Maine. If you are museum/historical society staff, teacher or volunteer, this workshop is for you. You'll discover various models for museum/school collaborations and expeditionary learning projects now underway at local schools and museums. The workshop consists of four one hour sessions with a lunch break. Cost is \$15 per person. A great opportunity to enhance your knowledge of innovative and creative ways that museums and schools can work together to enrich students' learning experiences. Pre-registration required. Please contact Patricia Erikson at perikson@usm.maine.edu or 766-5591 for details or to register.

Many thanks to the numerous folks have been supporting the Fifth Maine by participating in Shaw's Rewards Program whereby Shaw's receipts collected by the Fifth Maine and submitted to Shaw's earn monetary donations to the museum from Shaw's. Shaw's has just retooled and renamed the program the Shaw's Community Rewards Program. There is no longer any need to collect those register receipts. Simply register your Shaw's reward card online at www.shaws.com/communityrewards and indicate that you want your rewards to go to the Fifth Maine. You'll have to type in the Fifth Maine's id number 49-001018627. If you don't have a rewards card, you can apply for one online or at your local Shaw's Supermarket. Your purchases will automatically be credited to the Fifth Maine account. It's simple and easy. All donations from Shaw's benefit the Fifth Maine's educational initiative ***Collections to Classrooms***.

St. Christopher's Catholic Church
15 Central Avenue **Father Fred Morse, Pastor**

766-2585

HOLY WEEK MASSES: Holy Thursday, 6pm; Good Friday, 6pm
EASTER SUNDAY MASS: 10AM

Sunday Mass at 10 AM followed by fellowship in the Parish House
Lenten Daily Mass: Thursdays at 5 PM in the Parish House followed by
Disciples in Mission Lenten Reflections
Sacraments: Baptism, Reconciliation & Marriage: Call/ask Father Fred.



BRACKETT MEMORIAL UNITED METHODIST CHURCH

Open Hearts, Open Doors, Open Minds – We are a Welcoming, Inclusive, Reconciling Congregation

3 Church Street, Peaks Island, Maine Our Webpage: www.brackettmumc.org

The Rev. Desi Larson, Pastor; Laura Glendening, Administrative Assistant; 207-766-5013

brackettmumc@yahoo.com

Sunday 10 a.m. Worship, with Childcare and Sunday School; and Thursday 7 p.m. Contemplative Worship

Holy Week/Easter

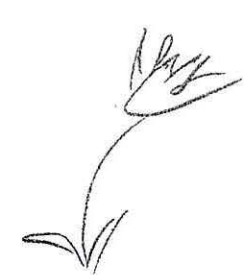
Palm Sunday April 5

Maundy Thursday/Good Friday service: Thurs., April 9, 7p.m.

Easter Sunday Ecumenical Sunrise Worship: Whaleback,
Sunday, April 12, 5:30-6:00 a.m.

Easter Sunday Pancake Breakfast: following Sunrise Worship.

Easter Sunday Worship with Special Music, 10 a.m.



Children's Choir - Most Tuesdays, 2:40-3:15 p.m., Call Mavourneen for details 899-0108.

Scripture Studies/Theological Reflection, Thursdays 6-6:50 p.m. at the church hall.

Wednesdays Thrift Boutique 3:00 – 5:00 p.m. at the church fellowship hall. Stop by to shop for, or drop off gently-used clothing and home goods. Contact Mary Lavendier at 766-2371 for more info.

Prayer Shawl Ministry, Thursdays 1 -3 p.m. at the parsonage. Needles, hooks, shawl patterns, yarn, and refreshments provided. New comers encouraged! For info call Ann 76-2636 or Rebecca at 766-3017.

Thursday Eve Worship - 7 p.m. Join us for contemplative worship Thursday Evenings. Quiet, low-key worship with candlelight, silence, prayers, gentle music, and ecumenical readings.

Open Mic and Dessert Nite, April 17, Friday, 7:30 p.m. Bring your stories, your music, your poetry, and your appetites and enjoy a fun-filled evening! Contact Bill Hinderer for more info 766-2636.

Church Supper, Thursday, April 30, 5-7 p.m. - at Brackett MUMC Fellowship Hall. Free and open to all, donations accepted. Church Suppers will be the last Thursday of the month and feature a different "head chef" each month. Join us on the last Thursday of the month, enjoy food, community, and good company.

Senior News

The Peaks Island seniors met on Monday, March 9th for their monthly potluck luncheon. Even though it was snowing there was a great turn out. After lunch Alice and Harris Kennedy entertained with folk tunes and some jokes, (Harris claimed he got the jokes off the internet). It was lots of fun to hear familiar songs with Peaks Island themes. Thanks for coming Alice and Harris.

Our next potluck luncheon will be held on **Monday, April 13th at 12:00 noon** in the community room of the senior housing on Central Avenue.

All seniors are welcome to come and visit with old friends and make some new friends.

Peaks Island Council Notes

The following are the times and places for upcoming meetings and workshops:

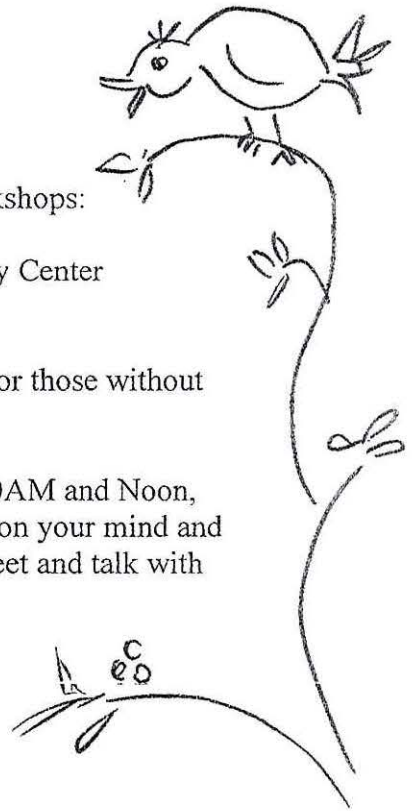
April 15, 2009 Workshop – 6:30 PM @ Community Center

April 18, 2009 Dialogue Meeting – 10:00 AM to Noon @ Community Center

April 22, 2009 Regular Meeting – 6:30 PM @ Community Center

The Island Council's website is: <http://www.peaksislandcouncil.info/> For those without computer access, the same information is available in the Library.

On Saturday, April 18th at the MacVane Community Center between 10AM and Noon, join us in another Open Dialogue to let the Island Council know what's on your mind and answer your questions. This is the prime opportunity for residents to meet and talk with the Island Council about their issues in an informal setting.



HOMESTART

Island Community Resource Day will be April 4, from 9 am to 11 am at the Children's Workshop. The morning is a time to learn about resources and services that create strategies to beat the costs of living and staying on Peaks Island. Representatives from organizations will be on hand to assist in completing Homestead Exemption and Circuit Breaker paperwork; to provide registration materials for children's summer programs; to describe HomePort Programs such as first time home buyer mortgage programs and low interest weatherization loans; to assist with the completion of tax and heating assistance applications; and additional island organizations and services. The Food Panty will be open. Donations of canned and dry goods, paper products and personal care products are welcome. We hope to see you there to visit with neighbors, learn about various community resources, welcome spring, and celebrate our community!

HOMESTART Board meetings take place the third Tuesday of each month. After almost a year of necessary internal work, meetings are again open to the community on alternating months. We invite community members to attend the April 21st meeting at 7 pm in the Fay Garman Senior Center Community Room. Steve Bolton, Executive Director of Habitat of Humanity will present to the board the process and timeline associated with providing one or more homes on Peaks.

HOMESTART will also continue to hold community informational meetings on at least a quarterly basis. The next community meeting is Saturday, May 2 from 9 am to 11 am in the Doug MacVane Community Room. Please join us!

The Housing Needs Assessment Report conducted by Planning Decisions, Inc is available in the library and posted on the HOMESTART webpage at: <http://peaksislandhomestart.org/>.

Peaks Island residents interested in offering affordable housing rental or purchase opportunities may contact a board member or Mary Terry, Casco Bay Island Fellow at 221-2507. Island residents interested in renting or purchasing such a home may contact us for information and an application.

APRIL ACTIVITIES on PEAKS ISLAND

Sponsored by Portland Recreation and Facilities Management

To reserve space and/or equipment in the community building, you must contact Denise (d1m@portlandmaine.gov or 766-2970) at least two days in advance. Please plan ahead as Denise works part-time on the island - Mondays, Thursdays and Fridays. If you leave a phone message but I don't get back to you, please call again as I may not have received the original message. Thanks!

"MARCH INTO MAY 2009"

To register for this self-directed physical activity program, please check out the website www.marchintomay.org and click on Participant Registration. There is an unofficial "Peaks Island" team, but at this time, no activities are planned. Check the bulletin boards as events such as dancing, marching, trying to hula hoop and other fun things may be scheduled from now to May.

ISLAND FUN FOR PRESCHOOLERS *

*Children must be accompanied by an adult

CHILDREN'S PLAYGROUP: WEDNESDAYS

Stop by the community room anytime between 10:00 am and 12:00 noon for some fun time with other children/parents. Children of all ages are welcome; all must be accompanied by an adult. Thanks to the volunteers who make this work!

FIRST MONDAY FUN

Monday, April 6 11:00 am (community building)

Let's move to music of all kinds: kids' tunes, ethnic music and marches! We'll also make musical "instruments"!

Monday, May 4 11:00 am (community building)

It's Springtime! Have fun w/Mother's Day gifts & flowers

EARTH WEEK ACTIVITIES – ALL AGES!

BINGO WITH "EARTH-FRIENDLY" PRIZES

Have fun and be surprised with what useful prizes/gifts can be made with a little imagination and some recycled items

Thursday, April 23 10:45 – 11:45 am

AFTERNOON at the MOVIES: *THE BEAR*

This story, told from the bears' point of view, follows an orphaned bear cub, befriended by a Kodiak bear. Together, they chase two intruding hunters out of the forest. (94 min)

Thursday, April 23 1:00 pm

OPEN HOUSE: MAY BASKETS (com. room)

Celebrate Earth Week by making a May Basket out of recycled items. Look forward to Spring by adding paper flowers to them. All ages & craft abilities welcome as there will be a variety of basket patterns to choose from

Friday, April 24 Drop-in from 11 am to 2 pm

ON-GOING EXERCISE PROGRAMS

MONDAY and THURSDAY MORNINGS

Walking Program (not speed walking) meet at 8:15 am

Low-Impact Exercise Program with weights at 9:30 (1 hr)

TUESDAY AFTERNOONS

Ping Pong (just for fun, no lessons): 2:00–4:00 pm

TUESDAY EVENINGS

Adult Basketball, PI School Gym 6:30 – 8:00 pm

\$2 per night Scheduled to end on Tuesday, April 14

OFF-ISLAND TRIP FOR 55+ ADULTS

If you signed up to receive Portland Recreation's monthly "Calendar of Events" (for 55+ crowd), you will receive MAY's packet by mid-April. Check it carefully; send registration form/ payment to the Cummings Center before the deadline date. To receive this packet in the mail, please call the Portland Recreation office (874-8870) - leave your name & address on the answering machine. Extra calendars are on Denise's bulletin board (they'll pick you up at CBL)



Saturday Night Movies in April



Free in the Community Room – Sponsored by the Friends of the Peaks Island Library

April	6 PM	April	8 PM
4	<i>Air Bud</i> (1997) PG, 98 min	4	<i>Son of Paleface</i> (1948) NR, 95 min
11	<i>Escape to Witch Mountain</i> (1975) G, 97 min	11	<i>Somewhere in Time</i> (1980) PG, 104 min
18	<i>Claymation Bonanza! Frog and Toad Are Friends</i> (28 min); <i>The Mouse and the Motorcycle</i> (42 min); <i>Wrong Trousers</i> (Wallace & Gromit) (30 min) All are unrated.	18	<i>Le Charme Discret de la Bourgeoisie</i> (1972) PG, 101 min
25	6pm - Earth Day Celebration! FOR ALL AGES - <i>The Lorax</i> (1972) G, 26 min. <i>Bee Movie</i> (2007) PG, 90 min. Earth-friendly Refreshments provided by PEAT in between the two movies. (No 8pm film)		